



### **Melissa Denise Lougheed (1998)**

Mel passed away from heart failure on May 29, 2022, with her family by her side. She was 43 years old. She is survived by her loving mother, Colleen Walton, 'mother 2' and best friend, Kristy, much loved younger brother, Jeff Lougheed, sister-in-law, Azra, nephew, Mason, niece and goddaughter, Ella, along with many loving aunts, uncles and cousins. She is also survived by her father, William Lougheed (Bev). Mel was predeceased by her maternal grandparents, George (d 2003) and Louise Walton (d 2015), who loved her dearly and played a huge role in her younger years. Mel graduated from Vic High and Camosun College. Mel was much loved by her family, friends and caregivers and gave unconditional love to everyone fortunate enough to be part of her life. Mel was very sociable and her life rich with family and friends, activities and travels. She loved her many trips and outings with her mom, family events and activities with her friends and caregivers. Mel was very creative and enjoyed painting and crafts; she volunteered through her program at Garth Homer and fundraised for medical causes. She brought joy to everyone and held no judgment of others. Mel lived in the Supported Apartment Living Program (through Community Living Victoria) and thrived there in part because of special people (Jenny, Krista, Brittany, Kelly, Terry) and wonderful friends she made there, especially Lynn and Dianne. She was a member of the Options team at Garth Homer and loved her work there (special thanks to team leader and friend, Harun). Colleen, Jeff, Azra and Kristy would like to express their deep appreciation for the care provided to Mel by her medical team of Dr. Paul Pereira, Dr. Larry Stern and Dr. Kevin Horgan (also assistants, Angela, Natasha and Linda). In addition, a very special thank you to the RJH ICU doctors Macdonald, Sherk and Thomas who worked tirelessly for 18 days to save Mel and to the incredible nursing team who cared for Mel, all of whom are not only exemplary professionals but incredibly compassionate human beings. Mel, you are loved beyond measure and we will carry you in our hearts forever and for always. Please join us for a celebration of Mel's life on Saturday, June 25, 2022 at 4 pm at Windsor Park

Pavilion. In memory of Mel, please consider a donation to Community Living Victoria for the Supported Apartment Living Program or to Garth Homer Society for the "Options" Program.

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