

## Albert R. Cox – Vic High Class of 1946

Albert Reginald CM, MD and FRCP(C), of Cobble Hill, BC, died on October 14, 2015 of heart failure after a short stay at Cowichan District Hospital in Duncan, BC.

Al was loved by his wife Margaret (Peg) Cox for 61 years, daughters Susan Homewood (Dean, Laurine Harrison, deceased) and Kim Krogstad (Roald), son David who died in 2006 (Kathleen) and son Steven, brothers Gordon (Ruth) and Richard (Sonia, deceased), grandchildren Tia and Alina Krogstad and Jesse and Holly Cox, great-grandson Beckett Krogstad, nieces and nephews Sylvia, Madelaine, Peter and Bill Cox, cousins John (deceased), Donald and Peter Fraser.



Albert was born April 18, 1928 in Victoria and attended Victoria High School, Victoria College/University of Victoria (2003 Distinguished Alumni Award) and The University of British Columbia. Al was admitted to the first class in the Faculty of Medicine at UBC in 1950 where he met his wife. He earned a gold medal in Medicine and specialized in cardiology, training at Vancouver General Hospital and [University of Washington](#). He won a British Council Scholarship to study in London England (1956-7). In 1969 he was invited to be Professor of Medicine at the newly established medical school at Memorial University of Newfoundland. From 1974 to 1987 he was Dean of Medicine and in 1989 received the Order of Canada for his contributions to medical education. He took a year of sabbatical at the Harvard School of Public Health and served from 1988 to 1991 as Vice President at MUN.

Al loved his family passionately, cared deeply and with humour for his patients, students and colleagues, just as he tended his garden and fed the birds. On retirement to Vancouver Island, he became a garlic farmer and sold organic produce at the Duncan Farmers' Market for several years, inspiring other local garlic growers. Given his Scottish (Fraser) roots, Al was an enthusiastic member of the Vancouver Island Heather Plus Society. Al enjoyed classical music and took clarinet lessons. He was an active member of the Sylvan United Church in Mill Bay where his funeral will be held on Thursday, October 22 at 10:30 am. Sincere thanks to Cowichan District Hospital nursing and other staff including Doctors Glenn Robinson, Brendan O'Malley and Glen Lowther.

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