

Lynne Elizabeth McNab – VHS Class of 1955



McNAB, Lynne Elizabeth It is with great sadness we announce the passing of a remarkable woman. Lynne died peacefully on March 1, 2018 at Comox Valley Seniors Village in Courtenay BC following her courageous journey with Alzheimer's Disease. Immensely proud of her roots, Lynne was a self-proclaimed "Bay Girl" who was born Jan 9, 1940 in Victoria BC, attending South Park Elementary in James Bay and Victoria High School. Her intelligence, integrity and determination enabled her to work up the ranks to an Advertising Sales Representative at the Times Colonist where she retired after 40 years. She was selfless, generous and her genuine love and interest in people made her an inspiration to everyone she met. True to her life's mantra, "Carpe Diem" she embraced each day with optimism, worked tirelessly and fulfilled her dream of building "Seasmoke" on Gordons Beach, which she treasured for many years before moving to Denman Island. She is survived by her loving family; husband David, children Richard (Catherine), Rory (Valérie) and Kelly (John), step-daughters Shannon, Sandra and grandchildren Alexander, Émiile, Christian, Juliette and Hannah. We would like to express our sincere gratitude to the many incredible friends and Health Care workers who lovingly cared for Lynne and supported our family along this difficult road. A Celebration of Life will be held at a future date. If desired, memorial donations may be made to Wild ARC (Wild Animal Rehabilitation Centre) in Victoria BC at 250-478-9453 or wildarc.com